

CENTRAL LYON MENU ~ NOVEMBER 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

BREAKFAST

2

Breakfast Bowl

3

Waffles & Syrup
Yogurt

4

Scrambled Eggs
w/cheese
Toast

5

Cereal
Toast

6

NO
SCHOOL

Thank You
Lyon County Pork Producers
Smoked Pork Loin on a
Bun
Baked Lays
Baby Carrots w/ Ranch
Peaches

LUNCH

Chili Crispito
Romaine Lettuce
Peas
Apple Crisps

Chicken Fajita Bowl
Cilantro Lime Rice
Black Beans
Corn Salsa
Pineapple

Chicken Strips
Twister Fries
Green Beans
Applesauce

BREAKFAST

9

Bacon Egg & Cheese
Egg Bites
Toast

10

Pancakes & Syrup
Yogurt

11

Cereal
Toast

12

Breakfast Sandwich

13

Donut
Yogurt

LUNCH

Pizza Cruncher
w/ Marinara
Salad w/ Ranch
Green Beans
Applesauce

Beef and Bean Nachos
Steamed Corn
Broccoli w/ Ranch
Fruit Cocktail

Grilled Cheese Sandwich
Steamed Broccoli
Cucumbers w/ Ranch
Pears

Goulash
Garlic Toast
Peas
Baby Carrots

Corn Dog
Mixed Vegetables
Tater Tots
Grapes

BREAKFAST

16

Breakfast Pizza

17

Breakfast Bagel
Yogurt

18

Pancake & Sausage
Bites

19

Cereal
Toast

20

Mini Cinni
Yogurt

LUNCH

Salisbury Steak
Garlic Herb Mashed
Potatoes
Steamed Carrots
Mandarin Oranges

Italian Sub Sandwich
Potato Wedges
Baby Carrots w/
Ranch
Cinnamon Applesauce

Pancakes
Sausage Links
Hashbrown Patty
Strawberry Cup

Tacos
w/ lettuce & cheese
Black beans
Corn
Pineapple

Chicken Bacon Ranch
Steamed Broccoli
Caesar Salad
SideKick

BREAKFAST PRICES:

Student: Free
Adult: \$1.90
Second Juice: \$.40

LUNCH PRICES:

Grades TK-6: \$2.40
Grades 7-12: \$2.50
Adult: \$5.25
Second Entrée: \$2.50
Extra Milk: \$.40

BREAKFAST SERVING
TIME IS
7:45am - 8:05 am

Menu items are subject to
change without notice. If
you have any questions or
concerns, please contact
Adam Top, Food Service
Director, at (712) 472-2664.

**This institution is an equal
opportunity employer.**

All breakfasts are served with milk, juice, and fruit.
All lunches are served with 1% white or fat free chocolate milk.



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BREAKFAST

LUNCH

BREAKFAST

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BREAKFAST

LUNCH

23

Muffin
Yogurt

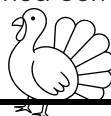
Ham & Cheese Sub
Sandwich
Mixed Vegetables
Baked Lays
Pears

24

Cinnamon Waffle
Sausage Link

Happy Thanksgiving!

Hot Turkey Sandwich
w/ Mashed Potatoes,
Gravy & Steamed Corn
Pumpkin Bar



25

Omelet
Toast

Sloppy Joe on a Bun
Pickles
Baked Beans
Baby Carrots w/ Ranch
Peaches

26

NO
SCHOOL

27

NO
SCHOOL

30

Scrambled Eggs w/
Ham & Cheese
Toast

Taco in a Bag
Lettuce and Cheese
Fiesta Corn
Salsa
Apple Slices

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